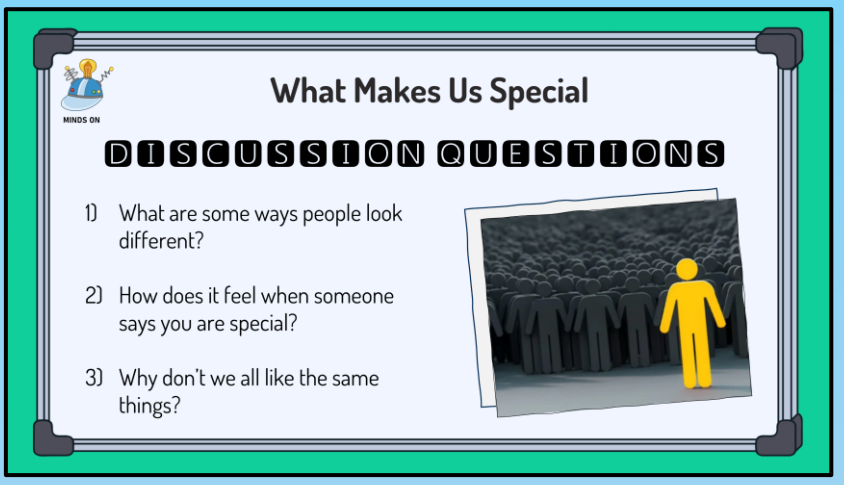
Alberta Health & Wellness
Character Development Unit – Grade 1

3-Part Lesson Format

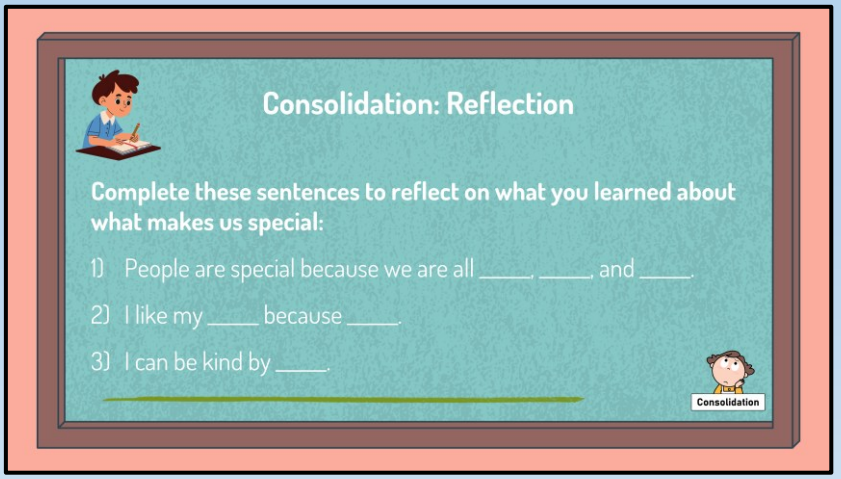
Part 1 – Minds On!
- Learning Goals
- Discussion Questions
- Why Math Is Important
- And More!





Part 2 – Action!
- Questions
- Matching
- Drag and Drop
- Videos
- And More!

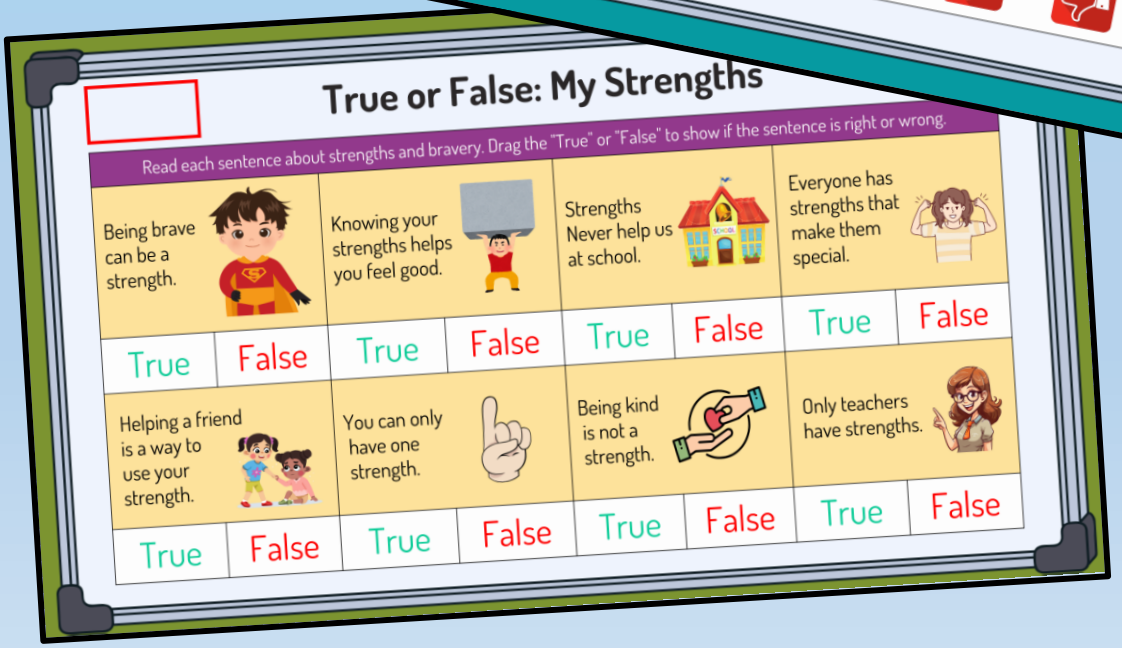
Part 3 – Consolidation!
- Exit Cards
- Word Problems
- Quizzes
- Student Created Quizzes



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