



# Preview – Information



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# Google Slides Lessons Preview






# Alberta Health and Wellness Financial Literacy – Kindergarten

## 3-Part Lesson Format

### Part 1 – Minds On!


- Learning Goals
- Discussion Questions
- Quotes
- And More!



### What is Money?

**LEARNING GOAL**









We are learning to **understand**  
**what money is** so we can  
**know how it helps us buy and**  
**share things.**



### Can You Buy It?

**YES****NO**

Drag Yes or No to each picture to show if you can buy it with money.


Happiness 	Apple 	House 	Patience 
Puppy 	Family 	Love 	Toy 

### Part 2 – Action!

- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!



### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary



### Consolidation – My Learning Word!

Think of one word you learned today about money. Write it or draw it and tell the class why it is important.





# Alberta Health and Wellness

## Financial Literacy – Kindergarten

### Sorting: Canadian Coins

Match each coin to its name by dragging it to the right box.

Quarter

Nickel

Dime



### Guess The Color!

These bills. Drag the colour to match the correct Canadian bill.



### Match the Money!

Drag the right coins or bills to buy each item.



A

B

C

D

E





# Alberta Health and Wellness

## Financial Literacy – Kindergarten

**Action**

### Sorting: Canadian Coins

Drag each coin from the jar to the right spot in the chart.

Nickel	Dime	Loonie	Toonie

**Zoom-In Money Match**

Look at the close-up pictures. Drag the correct name of the Canadian bill to match each set.

10 Canadian Dollar	5 Canadian Dollar	20 Canadian Dollar	50 Canadian Dollar	100 Canadian Dollar

### Count and Match!

**Action**

Match them to the right amount of money.

\$6		
\$0.35		
\$0.15		
\$3		

Dime			

Loonie			

Toonie			



# Google Slides Lessons Preview





# Alberta Health and Wellness

## Growth and Development – Kindergarten

### 3-Part Lesson Format

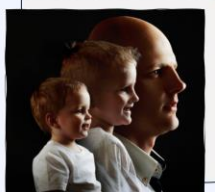
#### Part 1 – Minds On!

- Learning Goals
- Discussion Questions
- Quotes
- And More!

### Growing Up

**LEARNING GOAL**




We are learning to **understand**  
**how we grow** so we can **know how**  
**our bodies and minds change.**



### What Grows and What Doesn't?

Things That Grow	Things That Do Not Grow

Look at each picture and drag it to the box where it belongs.

#### Part 2 – Action!




- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!

#### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary

### Consolidation – Gesture Exit

Show a thumbs up, sideways, or down to tell how well you understood the lesson about growing up.

I Understand Everything!	I Need A Little Help	I Need A Lot of Help
		









# Alberta Health and Wellness







## Growth and Development – Kindergarten

### Match the Growing Animals

It is not just people who grow, animals grow too. Drag the letter to the right grown-up animal.

A	B	C	D	E	F
					

### Can Your Body Do This?

Drag the picture to Yes or No to show what your body can do.

**Yes**

**No**

### Word Search - Bones

Hip

Elbow

Rib

Ankle

Skull

Spine

Pelvis

Knee

Z	C	H	S	I	P	Z	K	S	C	L	P
M	Y	I	I	V	G	S	M	X	J	S	E
A	D	P	L	F	U	H	E	S	E	K	L
N	N	B	X	P	U	W	R	F	E	U	V
K	S	P	I	N	E	O	A	C	N	L	I
L	L	J	R	U	D	B	B	S	K	L	S
E	F	F	G	A	X	L	I	K	B	F	B
F	W	R	I	B	C	E	L	M	V	E	G





# Alberta Health and Wellness

## Growth and Development – Kindergarten

### Name That Bone!

Drag the word to the correct part of the skeleton to name each bone.



Skull	Collar Bone	Ankle
Hip	Spine	Knee
Elbow	Wrist	Hand


### Where Do We Move and Play?

Drag the pictures to the correct category.

Indoor Activities	Outdoor Activities
     	

### What Makes Us Different?

Drag the pictures that show how people look different.

Looks Different	All the Same
      	



# Google Slides Lessons Preview





# Alberta Health and Wellness Healthy Eating – Kindergarten

## 3-Part Lesson Format

### Part 1 – Minds On!

- Learning Goals
- Discussion Questions
- Quotes
- And More!


**MINDS ON**

### What Is Food?

**DISCUSSION QUESTIONS**














1. What food do you like at home?
2. Why do we eat food?
3. Why are fruits and veggies good for us?



**Action**

### Pack Your Lunch!

Pick the foods you want for your lunch and drag them into the lunchbox.

### Part 2 – Action!

- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!

### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary

**Consolidation**

### Consolidation – Quick Draw

Draw a food you would like to eat every day. Show how it looks!





# Alberta Health and Wellness

## Healthy Eating – Kindergarten

### Sorting: What Help Us Grow?

Drag the foods that help you grow to the girl's box.


### What Fruits Grow on Trees?

Drag the fruits that grow on trees to the big tree.


### Where Does My Food Come From?

Drag the letter to show where the food comes from.

A	B	C	D	E





# Alberta Health and Wellness

## Healthy Eating – Kindergarten

### Farm Animal or Wild Animal?

Drag the animals to the right box.

MINDS ON




	
	
	
	



### What Goes in the Compost?

Drag the foods that should go in the compost box.

Action



### My Balanced Meal


Drag the foods to make your own balanced meal

Action



Meat/Protein

Grains



# Google Slides Lessons Preview





# Alberta Health and Wellness

## Healthy Relationships – Kindergarten

### 3-Part Lesson Format

#### Part 1 – Minds On!

- Learning Goals
- Discussion Questions
- Quotes
- And More!

#### Healthy Relationships



##### LEARNING GOAL

We are learning to **be kind and take turns** so we can **have happy and safe relationships with others.**



Healthy Relationship

Unhealthy Relationship

#### Sorting: How to Treat Others



Drag each picture to where it belongs.

Care or Love	Respect	Dishonesty	Hurting each other
Help one another	Always arguing	Laughing at someone	Giving

#### Part 2 – Action!

- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!

#### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary



#### Consolidation – Gesture Exit

Show a thumbs up, sideways, or down to tell how well you understood the lesson about healthy relationship.

I Understand Everything!	I Need A Little Help	I Need A Lot of Help



# Alberta Health and Wellness

## Healthy Relationships – Kindergarten

Drag the feeling to show how the person feels in each picture.


**Feelings Match!**

Angry	Excited
Sad	Hurt
Scared	Loved
Happy	Surprised

What Makes a Good Friend?

Fun	Loyal
Patient	Loving
Kind	Generous
Caring	Honest

Word Search:

H A V M C E W O V L  
L O V I N G Y Y H O  
N S C A R I N G O Y  
K I N D M X U D N A  
G E N E R O U S E L  
P A T I E N T D S S  
N W M G S F C T T S  
Q V W G X G P V L I

**Help the Earth!**

Drag each picture to the green box if it helps the Earth, or to the red box if it hurts the Earth.


**Helps The Earth**

**Hurts The Earth**





# Alberta Health and Wellness

## Healthy Relationships – Kindergarten

**Be a Friend to Animals**

Drag the pictures that show how to be kind and friendly to animals.

Action

Instructions: Drag the pictures to the grid below.


**What Respectful?**

Instruction: Drag the card to the right box to show if it is Respectful or Disrespectful.

Action

Respectful	Disrespectful

Eye Rolling

Respect Differences

Make face when an adult talks to you.

Use Polite Words

Yell at others

Give Eye Contact

Use Manners

Being Greedy

Act Rudely

Listen When Others Talk

**Could a Kind Friend Do?**

Heart to show if the action shows empathy or not.

Action


Heart icons: A red heart and a red heart with a cross.



# Google Slides Lessons Preview






# Alberta Health and Wellness Safety Unit – Kindergarten

## 3-Part Lesson Format

### Part 1 – Minds On!


- Learning Goals
- Discussion Questions
- Quotes
- And More!











### Types of Boundaries

**LEARNING GOAL**


We are learning to **understand** different kinds of boundaries so we can **help everyone feel safe and happy.**



Drag the right word to show what kind of boundary it is.

Someone stands too close	Someone gives you a hug	You close the bathroom door	You hide your drawing
			
Someone gives you a high five	You say, "Please don't sit too close."	Keeping a journal in your closet	Someone holds your hand nicely
			

#### What Kind of Boundary Is It?




### Part 2 – Action!

- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!




### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary



### Consolidation – Gesture Exit

Show a thumbs up, sideways, or down to tell how well you understood the lesson about types of boundaries.

I Understand Everything!	I Need A Little Help	I Need A Lot of Help
		



# Alberta Health and Wellness Safety Unit – Kindergarten

**Can You Tell What's Safe or Unsafe?**

Action


Drag the word "Safe" or "Unsafe" to each picture

**SAFE** **UNSAFE**

**What Should You Say?**


Can I play with that?" "May I use it?"  
"May I go out?" "Give me that!"  
"Excuse me." "Could I have a turn, Please?"  
"Move! I want it!" "May I borrow this?"

MINDS ON

Action

**Is It a Yes or No?**

Drag the thumbs up 👍 if the answer is yes, or the thumbs down 👎 if the answer is no.

Is it okay to take a toy without asking?	Should we shout when someone says "no"?	Can we say "no" if we need space?	Can we smile to show we agree?





# Alberta Health and Wellness Safety Unit – Kindergarten

**Action**

## Match the Feeling to the Body Language

Drag the word that matches how her body shows what she feels.

Scared	Unsure	Confused	Playful	Angry	Frustrated	Surprised

**MINDS ON**

## Word Search – Grown-ups to ask for help

Policeman	Father
Brother	Mother
Teacher	Nurse
Doctor	Sister

## Are Words Friendly?

Drag the word to the blue box if it is kind, or to the red box if it is unkind.

Kind Words	Unkind Words
"Hello!"	"Your clothes are ugly!"
"I Love You."	"You're clumsy!"
"You can't play with us!"	"I'm glad we're friends."
"Thank You!"	"We can take turns"
	"I'm sorry"
	"Your hair looks bad!"



# Google Slides Lessons Preview






# Alberta Health and Wellness

## Character Development – Kindergarten

### 3-Part Lesson Format

#### Part 1 – Minds On!


- Learning Goals
- Discussion Questions
- Quotes
- And More!



### I Am Special

#### DISCUSSION QUESTIONS

- 1) What does 'being special' mean?
- 2) Why is everyone different?
- 3) How do you feel when someone is kind to you?





### What Makes Us Special?

Drag the word to the picture to show what makes each child special.

Artist

Runner

Kind Friend

Dancer

Singer

Reader

Builder

Nature Lover

#### Part 2 – Action!

- Surveys/Polls
- Matching
- Drag and Drop
- Videos
- And More!

#### Part 3 – Consolidation!

- Exit Cards
- Quick Draw
- 3-2-1 Reflection
- One-Sentence Summary



### Peer Feedback

Find a partner and take turns discussing the following:

- One new thing you learned about being special
- One talent or trait you are proud of
- One reason why it's good that everyone is special





# Alberta Health and Wellness

## Character Development – Kindergarten

### I Am Good At...

Drag the check mark to the actions that show what kids should be good at.

Making someone cry	Do extra chores	Making friends	Laughing at someone's mistake	Sharing my toys
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 
Singing songs	Pushing in line	Telling stories	Drawing pictures	Making a mess
<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 	<input type="checkbox"/> 

### Word Search – Emotions

Find the words related to emotions hidden in the puzzle and circle them!

MINDS ON

Sad	Silly
Mad	Angry
Shy	Happy
Proud	Scared

### Match the Colour to the Feeling!

Drag the colour to the feeling you think it matches.






# Alberta Health and Wellness

## Character Development – Kindergarten

Kind	Unkind
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>
<div></div>	<div></div>

**Sorting: Kindness Actions!**

Drag the pictures to show kind or unkind actions.

**Guess The Silhouette**

Instruction: Drag the correct name to match the helper's silhouette.

Policeman

Nurse

Doctor

Teacher

Lifeguard

Firefighter

**Who Uses This Tool?**

Drag the correct tool to the person who uses it to help keep us safe.

	<div></div>		<div></div>		<div></div>
	<div></div>		<div></div>		<div></div>